



Institute for the Health and Security of Military Families

2013, Vol. 2, Issue 1

~ A Kansas State University institute serving the research, academic, outreach and clinical service needs of today's military family ~

The Art of War

April 23, 2012

K-State Libraries and The Institute for the Health and Security of Military Families hosted **The Art of War** at the Hemisphere Room of Hale Library, Kansas State University, on April 23, 2012. This event included a poetry reading session, followed by a panel discussion led by Soldiers of the Fort Riley Warrior Transition Battalion. Artwork by Major Jeff Hall was also on display. Major Hall was previously stationed at Fort Riley, KS.

The poetry reading was led by John Musgrave. Mr. Musgrave was in the United States Marine Corps when he was 17 and served in the Vietnam War. During his service, he was wounded three times. Musgrave's reflections were put into four books of poetry, which he wrote himself- one was the subject of the event. He read from his book "*Notes to the Man Who Shot Me: Vietnam War Poems.*"

Following Mr. Musgrave's reading, a panel of current soldiers in the Fort Riley Warrior Transition Battalion shared their experiences, reflected on how the arts fit into their healing process, and discussed their perspective on how generations can learn from one another in healing and recovery from war. Following the presentation, a reception and book signing by John Musgrave was held.

The back of Musgrave's book contains several quotes, one included here, from people influenced by Musgrave's books: "*John Musgrave has been a favorite and popular guest poet in my English classes at the University of Kansas for several years. His poetry readings have stimulated not only an interest in the historical and political background of the Vietnam War but also an appreciation for the ultimate suffering, loneliness, and raw terror the soldiers experienced.*" - Andrea Whittemore, Instructor, University of Kansas



Above: John Musgrave signs book for a guest
Below: Artwork on display by Maj. Jeff Hall



Contact us:

303 Justin Hall, Kansas State University, Manhattan, KS 66506

Phone: (785) 532-1490

E-mail: militaryfamilies@k-state.edu

www.militaryfamilies.k-state.edu



Military Child Education Coalition Public Engagement Event for Kansas

May 1-2, 2012

The **Military Child Education Coalition (MCEC)** has a strategic, national initiative to foster a compassionate understanding of the intensity and severity of stressors related to the deployment of parents and the potential for trauma or grief related to injury, illness, or death. This initiative, “**Living in the New Normal**” (LINN), promotes an environment of resilience and non-victimization, establishment of a new normal, recognition of the elements of courage, and identification of effective resources. These efforts are predicated on the belief that children are courageous and resilient and that these skills can be strengthened through deliberate encouragement by the adults in their lives.

One key component in the MCEC strategy is the implementation of state-wide Public Engagements, designed to convene key leaders from business, education, healthcare, service providers, service organizations, community leadership and faith communities. The purpose of this event is to develop action plans in enhanced support of the state’s military-connected children through a carefully facilitated process of deliberation and collaboration.

The Institute hosted the Military Child Education Coalition Public Engagement Event for Kansas, May 1-2 at the K-State Alumni Center. Over 81 individuals from across Kansas participated in the event. Key individuals in attendance included:

- Dr. Mary Keller, CEO/President, Military Child Education Coalition, nationally known regarding military children, deployment and resilience
- Mrs. Patty Shinseki, Board member, Military Child Education Coalition (MCEC), Chair of MCEC's Living in the New Normal Initiatives and Board member of the White House Joining Forces Initiative
- Dr. Noel Schulz, Paslay Professor of Electrical & Computer Engineering, K-State, First Lady of K-State, and Co-Chair of the Public Engagement
- Mrs. Tammy Tapanelli, spouse of the Adjutant General of Kansas and co-chair of the Public Engagement
- MG Lee Tapanelli, The Adjutant General of Kansas
- BG Eric Peck, Deputy Adjutant General,
- BG Donald MacWillie, Commanding General (Rear) Fort Riley, and Mrs. Sherri MacWillie
- Dr. Daryl Buccholz, K-State Research and Extension, Associate Director, Extension and Applied Research

The Institute will lead in coordinating the implementation of the action plan across Kansas.

The Kansas Action Plan: Vision Statement **On behalf of the Military-Connected Children of Kansas:**

We will synchronize services to build and sustain support for Kansas' children and youth, whose families serve our nation now, have served in the past and will serve into the future.

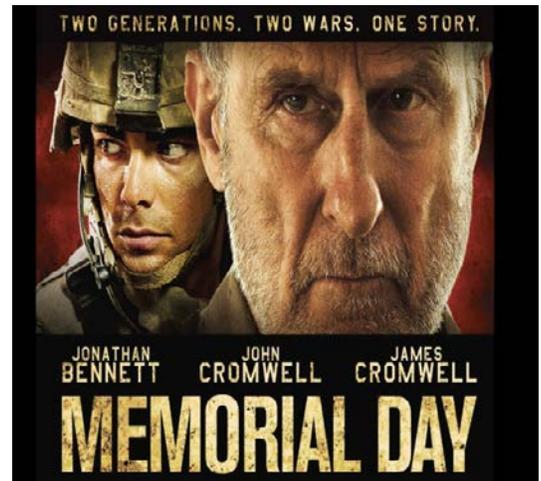
INSTITUTE ENGAGEMENT IN 2012

Premiere Film Release Event of “Memorial Day”

The film “**Memorial Day**” was premiered at McCain Auditorium on May 23, 2012 at the Kansas State University campus. This event allowed the Manhattan and Fort Riley communities to be two of the few to view the film before it was released to a national audience. Over 800 people filled McCain Auditorium for the event.

At this event the director, producers and several of the film’s actors and senior military leaders from across the state were in attendance. The red carpet event also included a Humvee used in Iraq and a World War II Jeep.

Perspective Films, the studio that produced “**Memorial Day**,” chose to screen the movie at K-State because of the university’s unique relationship with Fort Riley, according to Art De Groat, K-State director of military affairs.



“**Memorial Day**” was released nationally on Tuesday, May 29th. A trailer for the film can be found at <http://www.memorialdayfilm.com>. A full version of the film can be found on Amazon and Netflix.



Memorial Day Premiere Planning Committee

“This is a great, unique opportunity to host a Hollywood-level event in our community and ... advance our work in building a military-inclusive university and community.” Art De Groat, director of military affairs at Kansas State University. “The film is inspiring and moving.”

Contact us:

303 Justin Hall, Kansas State University, Manhattan, KS 66506

Phone: (785) 532-1490

E-mail: militaryfamilies@k-state.edu

www.militaryfamilies.k-state.edu



Fort Riley Financial Readiness Day

News Release Prepared by Calun Reece of the 1st Infantry Division Post
August 7, 2012

The Fort Riley Financial Readiness Day was held on August 7, 2012 at Fort Riley and featured Certified Financial Planner™ Professionals and Accredited Financial Counselors volunteering their time and expertise to work with service members one-on-one to address important financial issues.

The event included individual sessions with CFP professionals/ counselors and featured a series of classroom-style educational workshops addressing key military personal finance topics.

About 35 financial planners volunteered to provide the free service to Soldiers and their families. Some of these volunteers traveled from states including Texas, Iowa and Nebraska. Volunteers represented several organizations, including: Certified Financial Planner Board of Standards, Inc.; Financial Planning Association; Foundation for Financial Planning; AFCPE; Kansas State University Institute of Personal Financial Planning; and the Institute for the Health and Safety of Military Families.

Various financial classes were available throughout the day, as well as the one-on-one clinics for participants to receive free personal financial advice.

"It's been really good. The opportunity to come and meet with financial planners without the strain of actually paying for financial planners is really nice," said Whitney Lukenbill, a military spouse from Olathe, Kan.

The event was aimed at helping everyone develop a financial plan for their future, not merely for those already in financial crises, said Mary Bell, doctoral degree candidate in Personal Financial Planning at K-State.

"It's actually through all of the ranks, from junior enlisted to our most senior officer," she said. "So we need to kind of break some of those old stigmas and stereotypes that we have and really understand these are issues ... that everyone has – finances affect everyone."

"It was an opportunity for the Fort Riley Soldiers and Families to meet one-on-one with certified financial planners and accredited financial counselors, and to get free financial education."

*- Jessica Richter,
financial counselor,
Survivor Outreach
Services, Army
Community
Services*

K-State's Institute of Personal Financial Planning and the Institute for the Health and Security of Military Families were honorary partners in this event.

“Beauty and the Beast” Performance at McCain Auditorium

December 11, 2012



“I’m a little nervous,” said MAJ Bill Young. “I don’t know how they’re going to act. They’re probably going to scream and act crazy, maybe a little shocked. It will probably be a little emotional for them, well for both of us, but it’s going to be exciting cause I haven’t seen them since I left back at the end of March, beginning of April.”

WIBW News Story:

<http://www.wibw.com/home/localnews/headlines/Fort-Riley-Solider-Makes-Surprise-Visit-Home-183101121.html>

KMAN News Story:

<http://1350kman.com/military-surprise-at-k-states-belles-banquet-and-ball/>

The Institute partnered with K-State’s McCain Auditorium and the Friends of McCain to provide tickets for several military families to the December 11, 2012 “**Beauty and the Beast**” performance at McCain Auditorium. Along with community sponsors, Briggs Auto and the Little Apple Optimist Club, the Institute made it possible for 40 members of military families to attend “Belle’s Banquet and Ball” held at the K-State Student Union prior to the performance, and the sold-out “**Beauty and the Beast**” performance at McCain Auditorium.

This special night at the Kansas State University Union Ballroom provided the opportunity for 16 military families to spend the evening together.

“We specifically targeted fathers with the military and their daughters, so that it would be an opportunity for dads to bring their daughters to a ball.” – Briana Nelson Goff, Director of K-State’s Institute for the Health and Security of Military Families.

One family, military spouse Sarah Young and their three children received an extra special present – the return of MAJ Bill Young, who was deployed in Afghanistan but was coming home on leave. All in attendance enjoyed the surprise homecoming for the Young family.

To View a Video of the Homecoming Surprise Visit:

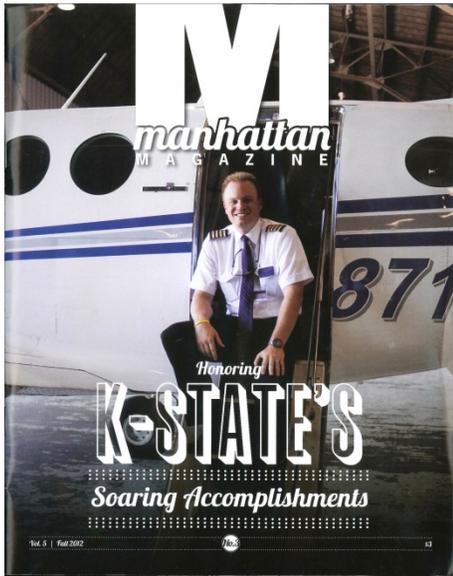
<http://youtu.be/xLS3zblQ-bc>

Contact us:

303 Justin Hall, Kansas State University, Manhattan, KS 66506

Phone: (785) 532-1490 E-mail: militaryfamilies@k-state.edu www.militaryfamilies.k-state.edu

Institute Featured in the Fall 2012 Edition of *Manhattan Magazine*



“My vision for the Institute is serving military families. If I could predict what I would like to see by 2025, it would be a self-sustaining institute that still serves military families at its core, but that has a national reputation.”

- Briana Nelson Goff



Dr. Briana Goff was featured in the Fall 2012 edition of *Manhattan Magazine* for her work as Director of the Institute for the Health and Security of Military Families. This article was featured in the K-State edition of the magazine.

Briana Nelson Goff, Ph.D., LCMFT has served in several roles at Kansas State University. Dr. Goff was the interim director of assessment for one year and associate dean in the College of Human Ecology for six years. Dr. Goff returned to full faculty position in 2011 where she currently is a professor in Family Studies and Human Services, serves as co-director for the conflict analysis and trauma studies minor and is director of the Institute for the Health and Security of Military Families.

Dr. Goff began the interview by stating “Even though the Institute for the Health and Security of Military families began when we officially launched the institute in October 2009 with our fall community education lecture, work with the military has been going on much longer in the School and at K-State.” In 2005, the “health and security of military families” became a primary focus to the School of Family Studies and Human Services. Dr. Goff summarizes the mission of the institute to include research, academic and outreach programs, and clinical service programs for military families. One of Kansas State University’s goals is to become one of the most military-inclusive public universities, making K-State the perfect setting for the institute.

INSTITUTE ENGAGEMENT IN 2012



Healing Arts Program for Military Families at the Beach Museum

September 17 & 27, October 25, November 8th

The Institute for the Health and Security of Military Families partnered with the Marianna Kistler Beach Museum of Art K-State Manhattan Campus to provide a **Healing Arts Program for Military Families**. Four sessions were held from September-November, 2012, with approximately 40 adults and 50 military children participating in the four events.

September 17th, WTB Healing Arts Workshop

- Fort Riley Warrior Transition Battalion Soldiers joined us for an art workshop and tour of the “Goodnight Moon” exhibition.

September 27th, Military Spouse Night

- Guests joined us for dessert, a tour of the “Goodnight Moon” exhibition, and a college workshop
- Museum staff provided activities for the children while the adults made night-sky themed cards to send to loved ones.

October 25th, Military Parent and Child Workshop

- Parents and children prepared for Halloween by making night-themed decorations together.
- Both parents and children also enjoyed a tour of the “Goodnight Moon” exhibition.

November 8th, Military Couples Date Night

- Couples enjoyed a date night with a book/nightlight project designed to exchange with their spouse.
- Guests created a small lighted acrylic box with a magnet that contained a tiny “book” dedicated to their spouse.
- Museum staff provided activities for the children.

More Healing Arts Programs are planned for the spring of 2013.

The Institute would like to give a special thanks to our military families who participated. Also thanks to those who made this event possible:

- K-State Student’s Rachael Rutter, Maria Dominguez, Chelsea Link, Nathan Hardy, Lisa Blohm, Bryan Cafferky, Trell Peterson, Kristopher Grinter, Kali Orrick, and Kathryn Hartman.
- Fort Riley Warrior Transition Battalion: Petra Crosby
- Fort Riley Parent to Parent: Jennifer Dixon, Sandra Hatch, and Blair Benz
- Beach Museum of Art: Kathrine Schlageck and Art Therapist: Nanette Stark

Program Partners:



Fort Riley Parent To Parent
PtP.Riley@MilitaryChild.org

Contact us:

303 Justin Hall, Kansas State University, Manhattan, KS 66506

Phone: (785) 532-1490

E-mail: militaryfamilies@k-state.edu

www.militaryfamilies.k-state.edu

INSTITUTE ENGAGEMENT IN 2012

PURDUE'S MILITARY EXTENSION PROGRAM

During the summer of 2012, Kali Orrick (Spring 2013 Institute Intern) worked on an internship through Purdue University called **The Military Extension Internship Program**. In preparation for the internship, she traveled to Maryland to attend a weeklong orientation conference. For that summer she worked at Fort Riley, Kansas at several Child Development Centers. She worked directly under the Director, Assistant Directors, and Training and Curriculum Specialist of that particular Child Development Center. Her main project focused on preparing the Centers for NAEYC (National Association for the Education of Young Children) Accreditation.



PROJECT Y.E.S.

Kathryn Hartman (Spring 2013 Institute Intern) is currently serving as an Intern for **Project Y.E.S.** (Youth Extension Services). The term of this internship is from May 2012 – May 2013; this internship is funded by the DOD and the USDA. As an intern, Kathryn travels the country several weekends a month to deliver youth development programs to the youth of military families who are currently experiencing or have experienced deployment. **Project Y.E.S.** supports the youth in learning the values of service, teamwork, communication, responsibility and much more. Project Y.E.S. has 18 interns nationwide and thus far in Kathryn's internship she has traveled to 23 different locations across the U.S.



Meet Our 2012 & 2013 Interns



Anne Schmitz was the Spring 2012 Institute Intern. Anne completed her degree in Family Studies and Human Services with a minor in Conflict Analysis and Trauma Studies in May 2012. Anne is currently pursuing her Master's degree in Marriage and Family Therapy at the University of Nebraska-Lincoln.



Kris Grinter was the Institute's intern for the Fall 2012 semester. He graduated in December with a degree in Family Studies and Human Services and is continuing for graduate school here at Kansas State University, pursuing a Master's degree in Life-Span Human Development. As an undergraduate, Kris instructed three undergraduate classes, worked with the Institute and took classes as a full-time student.



Kali Orrick will be an Intern for the Institute during the Spring 2013 semester. She plans to graduate in May from Kansas State University with a degree in Family Studies and Human Services with a minor in Conflict Analysis and Trauma Studies. Kali has been involved with the Institute since the Fall of 2011. After graduation, she hopes to pursue a career working with military families.



Kathryn Hartman will be an Intern for the Institute during the Spring 2013 semester. Kathryn plans to graduate in May with a major in Family Studies and Human Services and a minor in Conflict Analysis and Trauma Studies. Kathryn has been involved with the Institute since Fall of 2012. After graduation, Kathryn plans to pursue a Master's degree in Marriage and Family Therapy.

Contact us:

303 Justin Hall, Kansas State University, Manhattan, KS 66506

Phone: (785) 532-1490

E-mail: militaryfamilies@k-state.edu

www.militaryfamilies.k-state.edu

OTHER INSTITUTE ENGAGEMENT ACTIVITIES IN 2012

-Provided Institute information booths at:

- Fort Riley- Fall Apple Day Festival
- Fort Riley- Month of the Military Child Festival
- K-State Child Development Center Open House

-Held meetings to develop research, educational, and other outreach programs and grants for the Institute

-Provided monthly trauma consultation to Fort Riley ACS New Parent Support Staff

-The Institute provided the following presentations at Fort Riley:

- *Understanding the impact of trauma and war on soldiers and their family members.* Presentation at the Fort Riley Extension and ACS Couples Workshops, Fort Riley, KS. (2012, February).
- *Military couples.* Workshop presented on behalf of the Institute for the Health and Security of Military Families, Fort Riley, KS. (July 2012)
- *Suicide in the Military: A Talk about the Family, Risks, and Prevention.* Workshop presented on behalf of the Institute for the Health and Security of Military Families at Suicide Prevention Week, Fort Riley, KS (2012, September)

-Participated in several events/meetings at Fort Riley, Fort Leavenworth, and Manhattan community, including:

- Fort Riley Community Partnership Council meetings
- Manhattan Chamber of Commerce Military Relations Committee
- Fort Riley Community Health Partnership Council
- Kansas Veterans Initiative
- Health of Force Review with Pentagon officials, Fort Riley, August 2012

-Submitted \$3.3 million grant for an Addiction Technology Transfer Center – National Center for Military Families --5 year SAMHSA funded project (proposal was not funded)

-Assisted the K-State Athletic Training Program in collaborating with 4IBCT at Fort Riley to provide an Athletic Trainer for the Brigade to improve soldier fitness prior to deployment. Five student Interns were placed with 4IBCT and 2 worked with the Warrior Transition Battalion in 2012, with continued plans for 2013.

-Assisted with a coat drive hosted by the Manhattan Military Relations Committee. The coat drive benefitted the organization One Warm Coat, which was sponsored by the Fort Riley USO. The Institute donated a total of 63 coats to the cause.



Institute Advisory Board

An 11 member Institute Advisory Board was formed in 2012, which includes the following members:

- LTG(Ret) Robert and Mrs. Diana Durbin (Former Fort Riley Commanding General)
- LTC(Ret) Art De Groat (K-State Military Affairs Director)
- Ms. Victoria Bruner (Clinician at Walter Reed Military Medical Center)
- Ms. Kelly Rinehart (Business leader in Kansas City area with a number of military contracts)
- Dr. Janet Crow (Military spouse and parent from Baylor University)
- Ms. Joan Barrett (Military Child Education Coalition)
- Mr. Bob Funcheon (Clinical social worker and Gold Star father from Wichita, KS)
- LTC Judith Mathewson (National Guard Bureau)
- Ms. Courtney Hall and Ms. Tami Hall (adult military children)

We look forward to working with our board in 2013!

Kansas Operation Military Kids



Kansas Operation: Military Kids (OMK) has completed its seventh year of service to military-connected youth and their families. Through a network of military partners, Extension units, community organizations and volunteers, Kansas OMK provides high quality programs to youth who are coping with the impacts of military deployments and separations. Kansas has a high percentage of military service members and dependants, and an increasing number of veterans (~233,342 of whom one-third reside in rural areas). Due to slowing deployments, veterans seeking jobs and youth reuniting with formerly deployed parents, Kansas OMK focused its work in 2012 on helping communities support families during reintegration. Consequently, Kansas OMK Action resulted in:

- * creation of “Awareness to Action” community education resources,
- * distribution of “Awareness to Action” displays to twelve Extension units and state offices- displays became focal-points for public libraries, schools and courthouses and during county and state fairs and festivals,
- * expanded partnerships with Kansas Joining Community Forces (JCF; formerly Inter-Service Family Assistance Committee), and Kansas Foster Grandparents.

Kansas Military 4-H Club Partnership

Since the mid- 1990s, Kansas State Research and Extension has served the families and children of military service members through on-installation 4-H Youth Development programs at Ft. Leavenworth, Ft. Riley and McConnell Air Force Base. Thanks to Diane Mack’s leadership as the 4-H Military Liaison for Kansas, we have established a solid record of providing the best 4-H youth development programs, activities and opportunities, to youth from military families. During 2012, the Kansas’ 4-H Military Child programs:



- * Increased ‘hands-on’ learning in science, health and citizenship among military children at installation-based clubs.
- * Assured that these learning experiences built life skills for healthy relationships, sound decision-making, positive self-concept, life-long learning and service to community.
- * Increased training opportunities and support for the staff who work in installation-based youth programs.

For more information about these programs, please contact:

Dr. Elaine Johannes

Kansas 4-H Military Liaison & Kansas OMK Director

School of Family Studies and Human Services

K-State Research and Extension

ejohanne@k-state.edu ; 785- 532-7720

Contact us:

303 Justin Hall, Kansas State University, Manhattan, KS 66506

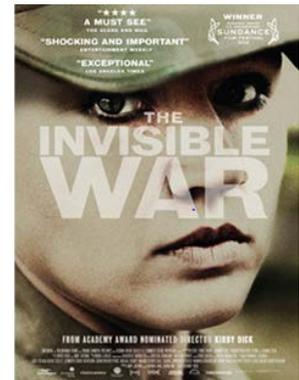
Phone: (785) 532-1490

E-mail: militaryfamilies@k-state.edu

www.militaryfamilies.k-state.edu

Upcoming Events

- We will host two Healing Arts Programs for Military Families. These programs will be held at the Beach Museum of Art at K-State for Military Families in the area.
- We will partner with McCain Auditorium and Friends of McCain to host a showing of “Shrek the Musical” on Tuesday, February 12th. The Friends of McCain are planning a children’s party before Shrek, entitled “McCain Swampfest 2013.”
- The Institute will be working with the Joe Goode Performance Group on their upcoming performance at McCain and development of a future performance based on military members’ stories.
- Several events focused on Military Service Members, Veterans and Families are being planned for K-State’s 150th Celebration, which runs from February 14, 2013 through Homecoming in October 2013. General (RET) Richard Myers, the 16th Chairman of the Joint Chiefs of Staff and 1965 K-State alum.
- A Lecture and Film Screening event, co-hosted by the Institute for the Health and Security of Military Families and other campus and community groups. The event will focus on women in the military and include screenings of two documentary films: **Lioness** (2008) and **The Invisible War** (2012). In addition to the film screening events, we will host an informal “lecture” with women featured in Lioness, who will share their personal experiences since the development of the documentary (filming occurred in 2004)
- This summer, the Institute will be collaborating with Operation Military Kids to host several day camps for military youth.



Institute for the
**Health and Security of
Military Families**

Connect With Us!

- E-mail us to join the Institute Listserv: militaryfamilies@k-state.edu
- Like us on: [Facebook](#)
- Follow us on Twitter! [@KSUMilFam](#) or [Twitter.com/KSUMilFam](https://twitter.com/KSUMilFam)
- Website: www.militaryfamilies.k-state.edu

- Serving the research, academic, outreach, and clinical service needs of military families -

If you would like to learn more about how you can make a difference in the lives of military families, please contact Jennifer Rettele-Thomas, director of development for the College of Human Ecology, at jenniferr@found.ksu.edu or 800-432-1578 (toll free).